

Dr K P S Nair  
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Post Date:

Dear

There is currently a research study being undertaken at Sheffield Teaching Hospitals NHS Trust for people who have recently had a stroke. The study is comparing different ways to potentially help reduce muscle stiffness (spasticity) that can develop following a stroke.

You have been identified as recently having had a stroke and we understand you have now been discharged from hospital.

If you currently have any stiffness at your elbow, or if you notice any stiffness developing over the next few months, you may be eligible for this study.

If you are interested in finding out more about this study, please read the information sheet enclosed.

If you would like to be considered for this study or would like to know more about it, please contact the study team by either:

- Emailing the study team ([sth.shapes@nhs.net](mailto:sth.shapes@nhs.net))

OR

- Telephoning the NIHR Clinical Research Facility at the Royal Hallamshire Hospital 0114 2713339

OR

- Completing the consent-to-contact form and returning it in the self-addressed envelope enclosed.

Thank you for taking the time to read this letter.

Kind regards,

The SHAPES study team on behalf of Dr Siva Nair